More than 14 years ago, we came across the remarkable scientific finding of transfer factors. After experiencing the energizing immune system support of these information-packed molecules ourselves, our passion grew, and we knew we would spend the rest of our lives sharing it with others. Today, with the help of our outstanding research and development team, along with input from our distinguished Health Sciences Advisory Board, our original finding has developed into one of the most revolutionary immune system support supplements available, 4Life Transfer Factor®. Our progress has solidified 4Life as the Immune System Company worldwide and served as the springboard for Transferceutical® science.

No matter what your age, or where you’re from, we have a safe and effective transfer factor product that’s just right for you. We invite you to try 4Life Transfer Factor for yourself and feel the difference that immune education can have on your personal health. Complemented by a wide range of additional supplements to meet your personal skin care, health care, oral care, and even animal care needs, we are confident that 4Life products will make immune system and overall wellness support something you’ll look forward to every day.

Sincerely,

David and Bianca Lionbee
4Life Founders

Science at its Best

At 4Life, we’ve dedicated over a decade to researching and developing innovative Transferceutical products—and our commitment has paid off. Revolutionary 4Life Transfer Factor® products don’t simply supplement the body with nutrients; they bring to it knowledge that helps educate your body’s immune system—enhancing its natural ability to know what to do when challenged with health threats.

Further advancing our position as a world leader in Transferceutical Science, 4Life is set apart by our in-house Research and Development team, as well as the supporting expertise of a professional board of medical professionals, immunologists, nutritionists, and researchers, known as the Health Sciences Advisory Board (HSAB). Each of our scientific leaders is dedicated to the continued advancement of Transferceutical Science because of the positive impact we continue to see in people’s lives.
### TRANSFERCEUTICAL® PRODUCTS

| PAGE | 7 | 4Life® Transfer Factor Plus® Tri-Factor® Formula | 8 | 4Life Transfer Factor® RioVida® Tri-Factor® Formula | 9 | 4Life Transfer Factor® RioVida Burst® Tri-Factor® Formula | 7 | 4Life Transfer Factor® Chewable Tri-Factor® Formula | 10 | 4Life Transfer Factor® Classic | 11 | 4Life Transfer Factor® Kids | 10 | 4Life Transfer Factor® Immune Spray | 10 | 4Life Transfer Factor® RenewAll™ | 13 | RiteStart® Men | 13 | RiteStart® Women | 15 | 4Life Transfer Factor® Belle Vie® | 15 | 4Life Transfer Factor® Cardio | 15 | 4Life Transfer Factor® GluCoach® | 15 | 4Life® NanoFactor® Glutamine Prime® | 14 | 4Life Transfer Factor® KBu® | 15 | 4Life Transfer Factor® ReCall® | 15 | 4Life Transfer Factor® MalePro® | 14 | 4Life Transfer Factor Vista™ |
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|      | 7 | ![Primary Support](image) | 8 | ![Primary Support](image) | 9 | ![Primary Support](image) | 7 | ![Primary Support](image) | 10 | ![Primary Support](image) | 11 | ![Primary Support](image) | 10 | ![Primary Support](image) | 10 | ![Primary Support](image) | 13 | ![Primary Support](image) | 13 | ![Primary Support](image) | 15 | ![Primary Support](image) | 15 | ![Primary Support](image) | 15 | ![Primary Support](image) | 15 | ![Primary Support](image) | 14 | ![Primary Support](image) | 15 | ![Primary Support](image) | 15 | ![Primary Support](image) | 14 | ![Primary Support](image) |

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**SHAPERITE® BY 4LIFE®**

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**GENERAL HEALTH AND WELLNESS**

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*For donation through Feed the Children. Not for personal use.*
4Life’s commitment to transfer factor research and optimal immune system function has propelled our scientific team along a legacy of discovery that has progressively raised the standard for modern-day immune system supplementation. Today, 4Life’s family of Transferceutical products provide an unparalleled source of immune system support for people around the world.
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4Life® Transfer Factor Plus®

**Tri-Factor® Formula**

This top seller includes 4Life's Transfer Factor E-XF™ and NanoFactor® combined with the immune boost of our proprietary Cordyvant™ blend

- Informs the immune system, supporting its ability to recognize, respond to, and remember potential threats
- Boosts NK cell activity a proven 437%*
- Includes Cordyvant™, a proprietary blend of ingredients such as maitake mushrooms, shiitake mushrooms, cordyceps, and baker's yeast

**PRIMARy SUPPORT:** Immune, Wellness

**SECONDARY SUPPORT:** Energy

4Life® Transfer Factor®

**Tri-Factor® Formula**

Overall immune system support with the patented punch of Transfer Factor E-XF™ and NanoFactor®

- Informs the immune system, supporting its ability to recognize, respond to, and remember potential threats
- Boosts NK cell activity a proven 283%*
- Contains the highest amount of 4Life Transfer Factor® and NanoFactor® per capsule—300 milligrams

**PRIMARy SUPPORT:** Immune, Wellness

**SECONDARY SUPPORT:** Energy

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4Life Transfer Factor® Chewable

**Tri-Factor® Formula**

Chewable daily serving of Transfer Factor E-XF™ and NanoFactor® in a great-tasting citrus cream tablet

- Informs the immune system, supporting its ability to recognize, respond to, and remember potential threats
- Provides a great option for those who prefer not to swallow capsules
- Delights kids and adults alike with great citrus-cream flavor

**PRIMARy SUPPORT:** Immune, Wellness

**SECONDARY SUPPORT:** Energy

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* Refer to Natural Killer Cell graph and additional preliminary scientific tests

** Halal certified

---

4Life Transfer Factor® Tri-Factor® Formula

**Increases Immune NK Cell Effectiveness**

*Refer to Natural Killer Cell graph and additional preliminary scientific tests

** Halal certified

---

Test results obtained from an independent NK cell study conducted by Dr. Anatoli Vorobiev, head of Immunology, of the Russian Academy of Medical Science. The blind study tested 4Life Transfer Factor E-XF™ (the primary ingredient in 4Life Transfer Factor Tri-Factor Formula).
4life transfer factor®
rioVida® tri-factor® formula
the first and only transfer factor drink in the world, featuring 4Life’s exclusive tri-factor®
formula.
• Informs the immune system, supporting its ability to recognize, respond to, and remember potential threats
• Features the exclusive combination of Transfer Factor e-XF™ and nanoFactor®
• Includes a potent fusion of antioxidant juices, including acai, pomegranate, blueberry, and elderberry
• Revs up energy reserves with a composition of essential fatty acids, amino acids, and flavonoids

PRIMARY SUPPORT: Immune, Healthy Aging, Antioxidant, Wellness
SECONDARY SUPPORT: Brain, Cardiovascular, Energy
4LIFE TRANSFER FACTOR® RIOVIDA BURST® TRI-FACTOR® FORMULA

RioVida Burst® provides the immune system goodness of RioVida® juice, conveniently packaged in a smooth and delicious edible gel blend
- The first and only transfer factor edible gel in the world
- Each convenient, single-serve packet contains a full serving of 4Life Transfer Factor® TriFactor® Formula, and the power of proven antioxidants in RioVida’s exotic fruit juice blend
- Easy to share

PRIMARY SUPPORT: Immune, Healthy Aging, Antioxidant, Wellness
SECONDARY SUPPORT: Brain, Cardiovascular, Energy

FORTIFY YOUR DEFENSES!
A preliminary scientific test suggests that 4Life Transfer Factor® Tri-Factor® Formula strengthens your immune system guard by increasing the number of protective salivary IgA antibodies. Shown in 100% of people tested.

Increased Production of Salivary IgA Antibodies

Immunoglobulin A (IgA) test results obtained from a preliminary, open-label study on 21 reportedly healthy adults. Participants took 4Life Transfer Factor Tri-Factor Formula for two weeks, followed by 4Life Transfer Factor® RioVida® TriFactor® Formula. *One hundred percent of participants saw an increase in the production rate of salivary secretory IgA by an average of 73% after taking 4Life Transfer Factor products for four weeks when compared to the one-week baseline. A brief drop occurred at the transition between the two products.
Want more information on 4Life Transfer Factor®? See our Science & Synergy brochure, available online at 4life.com.

4Life Transfer Factor® Immune Spray
Soothing mouth and throat spray that combines Transfer Factor XF® and NanoFactor® extract with colloidal silver, zinc, and more. Just spray and swallow!
- Informs the immune system, supporting its ability to recognize, respond to, and remember potential threats
- Soothes the mouth and throat with aloe vera and marshmallow
- Available in fresh mint or citrus-orange flavor

Primary Support: Immune

4Life Transfer Factor® Renewal™
Soothing skin gel with Transfer Factor XF®
- Features Transfer Factor XF®
- Contains herbal extracts such as aloe vera, rosemary, and chamomile
- Paraben Free

Primary Support: Skin

4Life Transfer Factor® Classic
4Life’s original colostrum-based transfer factor product for daily immune system support
- Informs the immune system, featuring Transfer Factor XF®
- In an independent study, increased Natural Killer (NK) cell activity 204% above normal response*
- Provides safe and effective support

Primary Support: Immune, Wellness
Secondary Support: Energy

*Test results obtained from an independent NK cell study conducted by Dr. Anatoli Vorobiev, head of Immunology of the Russian Academy of Medical Science.
Transferceutical® Products

**DISCOVERY**
- Dr. H. Sherwood Lawrence discovered transfer factor molecules in 1949.
- 4Life Founder and CEO David Lisonbee learned about transfer factors as part of his on-going personal health research.

**DESCRIPTION**
- Transfer factors are tiny messenger molecules extracted from cow colostrum and egg yolk that transfer immune memory from strong, heroic immune systems to less-experienced ones.

**BENEFITS**
- Supports the immune system’s ability to recognize, respond to, and remember potential threats and stressors.
- Boosts or balances your immune system as needed.
- 4Life Transfer Factor Plus® Tri-Factor® Formula increases Natural Killer cell activity 437%*.
- Promotes healthy T-cell and B-cell function.

**DID YOU KNOW?**

**4LIFE TRANSFER FACTOR® KIDS**
Chewable daily serving of 4Life Transfer Factor® combined with vitamins and minerals
- Contains 22 essential vitamins and minerals formulated for a child’s growing body
- Comes in fun, animal-shaped chewable tablets

**PRIMARY SUPPORT**: Immune, Multivitamin & Mineral, Wellness

**SECONDARY SUPPORT**: Energy, Muscle Bone & Joint, Skin

*please see chart on page 7
ritestart® Women
Throughout her entire life, it’s vital that a woman protect her health. It’s important to maintain good levels of energy, immune strength, cardiovascular support, and hormonal balance. Good health contributes to a good life.

TAKE RITESTART EVERY DAY FOR:
• Immune building power from 4Life® Transfer Factor Plus® Tri-Factor® Formula
• Specific female system support
• Bone health support
• Skin health support
• A powerful blend of antioxidants
• Cardiovascular and circulatory support
• Healthy-hormonal balance support
• Vision and eye health support

PRIMARY SUPPORT: Immune, Healthy Aging, Antioxidant, Cardiovascular, Female Support, Multivitamin & Mineral, Muscle, Bone, Joint, Wellness
SECONDARY SUPPORT: Brain, Energy, Eye Health, Skin

NOW ONLY AVAILABLE IN A 30-COUNT BOX FOR ADDED FLEXIBILITY! SUGGESTED SERVING, 2 PACKETS PER DAY.

ritestart® Men
Look and feel your best while achieving greater energy with RiteStart® Men. This all-in-one nutritional pack provides what your body needs for greater performance, stamina, and health.

TAKE RITESTART EVERY DAY FOR:
• Immune building power from 4Life® Transfer Factor Plus® Tri-Factor® Formula
• Specific male system support
• Healthy bone and joint support
• Skin health support
• A powerful blend of antioxidants
• Cardiovascular and circulatory support
• Vision and eye health support

PRIMARY SUPPORT: Immune, Healthy Aging, Antioxidant, Cardiovascular, Male Support, Multivitamin & Mineral, Muscle, Bone, Joint, Wellness
SECONDARY SUPPORT: Brain, Energy, Eye Health, Skin

NOW ONLY AVAILABLE IN A 30-COUNT BOX FOR ADDED FLEXIBILITY! SUGGESTED SERVING, 2 PACKETS PER DAY.
TARGETED TRANSFER FACTOR®
FOCUSED SUPPORT FOR YOUR BODY’S NEEDS

Targeted Transfer Factor products combine the immune system benefits of 4Life’s Transferceutical® ingredients with additional system-specific nutrients to provide a more focused and personal level of health support.

4LIFE TRANSFER FACTOR VISTA™
Targeted support for optimal vision performance and eye health

- Maintains visual acuity and sharpness
- Includes ingredients to help shield the macula of the eyes from excessive blue light and oxidative effects of the sun
- Promotes healthy eye function
- Supports the ability to adapt to varying light conditions
- Provides synergistic wellness support when taken with BioEFA™ with CLA

PRIMARY SUPPORT: Vision, Eyes
SECONDARY SUPPORT: Immune, Antioxidant, Skin

4LIFE TRANSFER FACTOR® KBU®
A targeted formula for both men and women to support the urinary tract—the kidneys and the bladder

- Features 4Life Transfer Factor® which educates immune cells and provides support for healthy urinary tract and kidneys
- Supports and protects the bladder with cleansing ingredients like cranberry, blueberry, lingonberry, and mannose
- Provides pH balancing ingredients in a proprietary blend
- Supports healthy kidney and urinary tract function with the addition of dandelion leaf, juniper berry, chanca piedra, varuna, IP6, and a pH balancing blend

PRIMARY SUPPORT: Urinary
SECONDARY SUPPORT: Immune, Antioxidant, Cleansing & Detox

This product information is approved for distribution only in the United States.
4LIFE TRANSFER FACTOR® BELLE VIE®
Targeted support for superior female reproductive and breast health
• Features 4Life Transfer Factor®, strengthening the body’s natural immune response to promote healthy cell growth and function
• Includes a blend of herbal antioxidants, phytoestrogens, indoles, and calcium d-Glucarate to assist the body’s detoxification process
• Promotes overall feminine reproductive health
PRIMARY SUPPORT: Female Support
SECONDARY SUPPORT: Immune, Antioxidant

4LIFE TRANSFER FACTOR® CARDIO
A heart-healthy combo of 4Life Transfer Factor®, and over 26 vitamins, minerals, and antioxidants
• Features 4Life Transfer Factor® which helps educate immune cells and provides support for a healthy heart and proper cardiovascular function
• Supports healthy blood pressure, cholesterol levels, and homocysteine levels already in the normal range
• Contains a proprietary blend that includes coenzyme Q-10, ginkgo biloba, garlic, red rice yeast extract, and ginger oil
PRIMARY SUPPORT: Cardiovascular
SECONDARY SUPPORT: Immune, Antioxidant

4LIFE TRANSFER FACTOR® GLUCOACH®
Targeted for the endocrine and metabolic systems
• Targets the superior immune-enhancing benefits of 4Life Transfer Factor® and offers direct support for the metabolic and endocrine systems
• Includes minerals, herbs, and phytonutrients to support healthy hormone production, healthy glucose tolerance, and promote pancreatic health
PRIMARY SUPPORT: Body Glucose Balance
SECONDARY SUPPORT: Immune, Antioxidant

4LIFE® NANOFACTOR® GLUTAMINE PRIME®
Rich energy source that helps fuel immune cell activity and provide the building blocks of the important antioxidant glutathione
• Supplies fuel to immune cells with the important amino acid glutamine
• Enhances communication between immune cells with 4Life’s exclusive NanoFactor® extract for a more coordinated immune response when under stress
• Provides synergistic immune support when taken with any 4Life Transfer Factor® product
PRIMARY SUPPORT: Immune, Wellness
SECONDARY SUPPORT: Energy, Antioxidant

4LIFE TRANSFER FACTOR® MALEPRO®
Targeted support for optimal prostate health
• Features 4Life Transfer Factor® to support immunity at the cellular level
• Includes saw palmetto, lycopene, isoflavones, broccoli extract, and antioxidants to support prostate health
PRIMARY SUPPORT: Male Support
SECONDARY SUPPORT: Immune, Antioxidant

4LIFE TRANSFER FACTOR® RECALL®
Targeted brain support for optimal mental functioning
• Features 4Life Transfer Factor® and other ingredients to lend important support to the brain and central nervous system
• Promotes healthy brain function and blood circulation
• Contains proven ingredients to support brain health like vinpocetine, huperzia serrata, phosphocholine, bacopa monnieri, and ginkgo biloba
PRIMARY SUPPORT: Brain
SECONDARY SUPPORT: Immune, Healthy Aging, Cardiovascular
enummi® SKIN CARE
THE BEAUTY OF SCIENCE

enummi® Skin Care is the only complete skin care system that includes 4Life Transfer Factor®. Each product is packed with natural botanicals, antioxidant support, and proven ingredients that give your skin the hydration, nourishment, and protection it needs.
In four simple steps cleanse, tone, target, and moisturize to reveal your most vibrant and luminous complexion.

**Step 1: Cleanse**
enummi® GENTLE FACIAL CLEANSER
Gently washes away dirt, makeup, and debris—without stripping your skin of natural moisture—for a fresh, clean complexion.
- Features herbal extracts and vitamins to hydrate and replenish while cleansing
- Includes a botanical blend to make daily care a soothing ritual
- Gently cleanses to help maintain fresh, soft skin
**PRIMARY SUPPORT:** Healthy Aging, Antioxidant, Skin

**Step 2: Tone**
enummi® REFRESHING TONER
Nourishes your skin with vitamins, antioxidants, and vital moisture to bring your skin into balance and prepare it for nutrient-rich treatments.
- Fortifies skin with natural humectants to retain hydration and moisture
- Restores pH balance and clears impurities and dead skin cells from the skin
- Promotes a smooth, fresh, and radiant complexion
- Contains Transfer Factor XF™
**PRIMARY SUPPORT:** Healthy Aging, Antioxidant, Skin

**Step 3: Target**
enummi® LIFE C ENERGIZING SERUM™
Combines vitamin C and other botanicals to help improve texture and luminosity, diminish the appearance of age spots, and give skin the protection it needs.
- Helps brighten skin, improve overall skin tone, and diminish the appearance of age spots with vitamin C and other botanicals
- Provides skin with beneficial antioxidants to defend against the elements
- Energizes tired skin for a more luminous complexion
- Contains Transfer Factor E-XF™
**PRIMARY SUPPORT:** Healthy Aging, Antioxidant, Skin

enummi® RESTORING EYE CREAM
Reduces the appearance of dark circles, puffiness, fine lines, and wrinkles, while protecting the delicate under-eye area for a brighter eye and smooth appearance.
- Provides superior moisturizing and skin softening benefits with emollients and deep moisturizing ingredients
- Helps combat dark circles around the eyes with peptides that reduce the appearance of puffiness, fine lines, and wrinkles
- Restores vital nutrients with amino acids
- Contains Transfer Factor E-XF™
**PRIMARY SUPPORT:** Healthy Aging, Antioxidant, Skin

**Step 4: Moisturize & Protect**
enummi® PROTECTIVE DAY MOISTURIZER
SPF 15 provides important protection, while nutrients and antioxidants create a moisture barrier to leave your skin hydrated, nourished, and protected.
- Defends with certified SPF 15 broad spectrum sun protection
- Provides hydration and creates a moisture barrier
- Provides antioxidants to the skin for excellent protection
- Contains Transfer Factor E-XF™
**PRIMARY SUPPORT:** Healthy Aging, Antioxidant, Skin

enummi® NIGHT RECOVERY CREAM
Works hard while you sleep to rejuvenate, retain moisture, and reduce the signs of aging so you can wake up to a refreshed and luminous complexion.
- Includes a moisturierich complex that provides hydration and humectants to help skin retain its natural moisture barrier
- Fortifies the skin against environmental stresses with powerful antioxidants
- Rejuvenates and improves skin’s radiance while you sleep
- Contains Transfer Factor E-XF™
**PRIMARY SUPPORT:** Healthy Aging, Antioxidant, Skin

System & Sets

enummi® SKIN CARE SYSTEM
Best Value! [contains all 6 products]

enummi® MEN’S ESSENTIALS SET
[contains cleanser, day moisturizer, night cream]

enummi® SKIN CARE SAMPLE SET/5PK
[contains a one-time use of all 6 products]
enummi® BODY
FORTIFY SKIN WITH ALL-OVER BODY MOISTURIZING

enummi® LITE BODY LOTION
4Life’s Lite formula body lotion for humid climates
• Contains Transfer Factor E-XF™
• Specially formulated for humid climates
• Contains white tea to protect your skin from the elements
• Provides a complex range of vitamins, minerals, and amino acids to the skin
• Promotes soft, smooth skin with aloe vera and shea butter

PRIMARY SUPPORT: Healthy Aging, Antioxidant, Skin

enummi® INTENSIVE BODY LOTION
4Life’s original formula body lotion for dry climates
• Contains Transfer Factor E-XF™
• Contains white tea to protect your skin from the elements
• Provides a complex range of minerals, and amino acids to the skin
• Promotes soft, smooth skin with aloe vera and shea butter

PRIMARY SUPPORT: Healthy Aging, Antioxidant, Skin
enummi® TOOTHPASTE

enummi® Toothpaste is a gentle, fluoride-free formula that cleanses teeth without harsh, abrasive agents, freshens breath, and safely whitens for a cleaner, brighter smile. This great-tasting formula contains a refreshing mint flavor and no sugar.

- Dissolves food film for a clean, bright smile
- Freshens breath

PRIMARY SUPPORT: Oral Care
FIND YOUR RITE SHAPE

ShapeRite by 4Life products support the idea that every individual—no matter your genetics, body size, or goals—can find his or her own “rite shape” through a combination of exercise, healthy eating, and proper supplementation.

Maintaining a healthy weight can reap big dividends in terms of your overall health and quality of life. Learn how ShapeRite products can help you maintain a healthy weight and meet your lifestyle goals.

Achieve your healthy shape...

**CARB BLX™**
Formula that helps reduce the amount of fat and carbohydrates your body absorbs
- Features cassia nometame, a plant extract that helps inhibit the digestion of fat
- Includes polyphenols and flavonoids for potent antioxidant activity
- Provides green tea to help promote natural fat burning, healthy mood, and energy levels, and overall weight management

**PRIMARY SUPPORT:** Weight Management

**CATALYST® PLUS**
Formula for maintaining balanced glucose levels
- Features gymnema sylvestre to help maintain healthy glucose metabolism
- Includes lagrostroemia speciosa and momorica that also help support healthy glucose levels
- Contains chromium to support healthy energy levels and aid weight management

**PRIMARY SUPPORT:** Weight Management
**SECONDARY SUPPORT:** Body Glucose Balance, Energy

**CHITOLITE®**
Fat-binding formula that discourages absorption of fat in the body
- Supports weight management by binding fat through the power of chitosan
- Features l-ascorbic acid, erythorbic acid, and aloe vera
- Incorporates patented technology to maximize the fat-binding ability of standard chitosan

**PRIMARY SUPPORT:** Weight Management
Weight Management

**ReZoom®**
Liquid energy tonic with herbal extracts and vitamins to promote peak performance, top stamina, energy, and muscle tone
- Supports stamina and endurance through yerba mate, ginseng, and other natural energy boosters
- Aids cardiovascular health through a complex of B vitamins
- Helps support exercise utilization and can be used as part of a weight management program

**Primary Support:** Energy
**Secondary Support:** Wellness

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**Citri-Shape®**
Non-thermogenic fruit extract that helps control appetite and support metabolism
- Features Hydroxycitric acid (HCA) to inhibit fat storage and burn body fats as fuel
- Includes a Vitamin B complex to promote healthy energy levels
- Contains no artificial stimulants and is caffeine free

**Primary Support:** Weight Management

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**Metabolite™**
Thyroid support to help promote a healthy metabolic rate and cellular efficiency
- Features bladderwrack to nourish and promote a healthy functioning thyroid
- Contains papaya and pineapple enzymes to support digestive function
- Includes a wide spectrum of phytonutrients from spirulina and sage that nourish cells

**Primary Support:** Weight Management

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ENERGY GO STIX®
Energy drink in ready-to-mix powder packs
• Features an energy boost from a synergistic amino acid blend and yerba mate, green tea extract, and three forms of ginseng
• Includes Transfer Factor E-XF™ immune system support
• Supports memory, alertness, and mood
• Promotes healthy metabolism and weight management when accompanied by a sensible diet and exercise
• Available in citrus and berry flavors
PRIMARIES SUPPORT: Energy
SECONDARY SUPPORT: Immune, Weight Management

SHAPE-FAST ULTRA®
This top-seller is a potent herbal blend that promotes thermogenesis, lean body mass, appetite control, and improved stamina
• Contains ginseng and chromium to help maintain balanced glucose levels
• Includes Transfer Factor E-XF™ for immune system support
• Includes guarana, ginseng, chromium, green tea, and cocoa almond extract to help support healthy energy levels and stamina
PRIMARIES SUPPORT: Weight Management
SECONDARY SUPPORT: Immune, Energy
Providing a strong foundation of support from healthy digestion, to powerful antioxidants and essential fatty acids, the 4Life General Health and Wellness products complement 4Life’s Transferceutical® line and give you extensive health support that meets your body’s varied needs.
While many orphanages struggle to provide food for their children, even those who can manage it rarely supply the proper nutrition that is necessary to sustain a vibrant life. As part of our focus to foster long-term sustainable partnerships with orphanages and child care facilities around the world, 4Life is proud to offer 4Life Fortify. As part of the General Health and Wellness line, distributors can donate 4Life Fortify and receive personal LP to further build their businesses.** Each bag purchased will be donated to children in need around the world using our partner, Feed the Children, a third-party distribution company.

**4Life Research™ offers an incentive to buy, donate, and promote 4Life Fortify meal packs. Commission is included in the price of the pack and allows distributors to invest their time and resources to encourage others to join Foundation 4Life’s legacy of service. 4Life Fortify is a product created and supported by 4Life Research, a for-profit company that facilitates donations of purchased 4Life Fortify meal packs to non-profit partners such as Feed The Children. Charity partners distribute 4Life Fortify to children in need without charge or fees.
**ALOE VERA**
Pure aloe vera juice for overall wellness
- Overall general wellness tonic
- Time-tested benefits
- Features a proprietary harvesting process to retain optimal freshness

**PRIMARY SUPPORT**: Digestion
**SECONDARY SUPPORT**: Immune, Wellness

**BIOEFA™ WITH CLA**
Essential fatty acids for healthy heart, brain, and respiratory function
- Features potent omega-3 and omega-6 fatty acids from fish oil, borage seed oil, flaxseed oil, and sunflower seed oil
- Promotes overall cardiovascular health and strong cell membranes
- Contains CLA (conjugated linoleic acid) for cardiovascular and circulatory health

**PRIMARY SUPPORT**: Brain, Cardiovascular
**SECONDARY SUPPORT**: Weight Management, Wellness
PROBIOTICS
BY 4LIFE®
Proprietary blend of five active probiotic strains for gastrointestinal health and digestive functions
• Supports healthy digestive function
• Promotes immune system wellness
• Helps maintain healthy levels of “good” bacteria
PRIMARY SUPPORT: Digestive
SECONDARY SUPPORT: Immune

BIOGENISTEIN ULTRA®
Hormone and mood-balancing blend for basic female hormonal support
• Contains soy isoflavones, black cohosh, and dong quai for female health support and healthy hormone levels
• Supports positive mood with magnolia extract, L-theanine, and eleuthero extracts
• Includes antioxidants from quercetin and turmeric
PRIMARY SUPPORT: Female Support
SECONDARY SUPPORT: Sleep Mood & Stress

BOUNTIFUL HARVEST® PLUS
Daily serving of nutrient-rich “greens” from whole plant sources
• Provides concentrated vitamins, minerals, and other phytonutrients
• Contains superfood concentrates from blue-green algae and spirulina
• Contains alkaline-forming properties that help balance pH
PRIMARY SUPPORT: Wellness
SECONDARY SUPPORT: Antioxidant, Multivitamin & Mineral, Immune

CARDIO FORMULA
Basic heart-healthy formula that helps the body deliver nutrients and carry away waste
• Features a proprietary nutritional formula to support the body’s cardiovascular and circulatory systems
• Contains natural berry and spice powders to promote healthy heart function
PRIMARY SUPPORT: Cardiovascular
SECONDARY SUPPORT: Antioxidant

GENERAL HEALTH & WELLNESS
CHOICE 50®
Superior blend of antioxidants that promote healthy aging benefits
- Includes a blend of potent antioxidants
- Supports cardiovascular and circulatory system health
- Provides additional support for joint, muscle, brain, and eye health
PRIMARY SUPPORT: Antioxidant
SECONDARY SUPPORT: Immune, Healthy Aging, Cardiovascular, Skin, Wellness

CM SUPER™
Calcium and magnesium support for healthy bone metabolism and structural system health
- Contains a potent daily serving of more than 600 mg of calcium, 400 IU of vitamin D, and 270 mg of magnesium to support bone health
- Contains vital ingredients to support bone growth in people of all ages
PRIMARY SUPPORT: Muscle Bone & Joint

DIGESTIVE ENZYMES
Complete digestive enzyme solution for all your digestive health needs
- Supports healthy digestion of food
- Reduces intestinal discomfort associated with food consumption
- Supports overall digestive health
PRIMARY SUPPORT: Digestion

FIBRE SYSTEM PLUS™
This 4Life top-seller is a 10-day gastrointestinal cleanse
- Contains 25 herbal ingredients to provide thorough, comfortable intestinal cleansing and purification
- Provides an excellent gastrointestinal cleanse to start any nutritional regimen
- Contains key ingredients such as cascara, frangula, prunes, pineapple, papain, and bromelain
PRIMARY SUPPORT: Cleansing & Detox
SECONDARY SUPPORT: Digestion, Weight Management

choice 50®
CM SUPER™
DIGESTIVE ENZYMES
FIBRE SYSTEM PLUS™
FIBRO AMJ® DAY-TIME FORMULA
Scientifically-advanced support for structural and nervous system health

- Contains powerful metabolites—magnesium and malic acid—essential to energy production
- Includes glucosamine and Methylsulfonylmethane (MSM) for joint support
- Includes boswellia serrata for additional support

PRIMARY SUPPORT: Muscle Bone & Joint

SEE PAGE 31 FOR SLEEPRITE AMJ™
**FEMRITE®**
FemRite® is a unique cream formulated especially for women that contains a rich blend of wild yam extract, aloe, jojoba, and avocado extract
- Includes cucumber extract and aloe
- Includes wild yam extract
**PRIMARY SUPPORT:** Skin

**FLEX4LIFE®**
Capsules with nutrients designed to lubricate joints and support a full range of motion
- Provides an upgraded formula with powerful support for muscles and joint lubrication
- Includes glucosamine to help maintain healthy cartilage and stimulate the production of the lubricating synovial fluid
- Includes chondroitin to support cartilage elasticity and joint viscosity
**PRIMARY SUPPORT:** Muscle Bone & Joint
**SECONDARY SUPPORT:** Antioxidant

**GURMAR**
Ancient Indian herb famous for helping maintain healthy glucose levels
- Supports the endocrine system to balance glucose in the body
- Helps maintain healthy glucose levels
**PRIMARY SUPPORT:** Body Glucose Balance
**SECONDARY SUPPORT:** Weight Management

**IMMUNE FORMULA**
A basic formula to provide nutrients that support immune system function all year round
- Contains echinacea, astragalus, and schizandra for added support
**PRIMARY SUPPORT:** Immune
**SECONDARY SUPPORT:** Wellness

**INNER SUN®**
Proprietary formula designed to promote positive mood and healthy energy levels
- Features a blend of St. John’s Wort, chamomile, rosemary, and hawthorn to promote positive mood
- Includes potent B-vitamin complex to support healthy energy levels
**PRIMARY SUPPORT:** Sleep Mood & Stress

**LIFE C® CHEWABLE**
Proprietary blend of vitamin C for enhanced absorption and antioxidant support
- Provides seven active forms of natural vitamin C
- Uses varied forms to provide antioxidant protection
- Supports the healthy function of multiple body systems
**PRIMARY SUPPORT:** Antioxidant, Multivitamin & Mineral
**SECONDARY SUPPORT:** Immune

Product information pertains to capsule product only.
MALE FORMULA
Basic prostate and hormonal support combined with the protection of potent antioxidants

- Combines broccoli powder extract with Korean ginseng to support healthy sexual function, energy levels, and strength
- Contains saw palmetto and pygeum to promote prostate health, urinary health, and energy levels
- Includes selenium for antioxidant support

PRIMARY SUPPORT: Male Support

MULTIPLEX™
Basic daily dose of fundamental vitamins and minerals

- Features essential vitamins and minerals for general health and wellness
- Contains herbal extracts and citrus bioflavonoids to boost energy levels

PRIMARY SUPPORT: Multivitamin & Mineral, Wellness

MUSCULOSKELETAL FORMULA™
Herbal support for bones, joints, and muscles

- Contains key ingredients that support muscle repair
- Includes ingredients for soft tissue support of overworked muscles, tendons, ligaments, and nerves

PRIMARY SUPPORT: Muscle Bone & Joint

SUPER DETOX®
Supports healthy liver function

- Includes milk thistle, known to support healthy liver function
- Contains red clover and artichoke to aid in detoxification and liver strength
- Provides antioxidant support through N-acetyl cysteine (NAC)

PRIMARY SUPPORT: Cleansing & Detox

PHYTOLAX®
An effective herbal laxative

- Includes black walnut and alder buckthorn to promote healthy regularity and elimination
- Contains herbal extracts such as cascara sagrada and ginger to safely activate digestive elimination

PRIMARY SUPPORT: Cleansing & Detox
SECONDARY SUPPORT: Digestion
PBGS®
Antioxidant formula that combines the power of pinebark and grapeseed extracts
• Includes pinebark and grapeseed extracts
• Helps neutralize cells from the aging effects of free-radicals
• Promotes healthy circulation
PRIMARy SUPPORT: Antioxidant
SECONDARY SUPPORT: Immune, Healthy Aging

SLEEPRITE AMJ™
Proprietary blend of natural ingredients for a restful night sleep
• Combines melatonin, a proven alternative to naturally aid sleep, with 5-Hydroxytryptophan, vitamin B6, and a proprietary blend of herbs
• Supports healthy sleep patterns to help your body function at its best
• Supplies important nutrients that support healthy muscles, bones, and joints
PRIMARy SUPPORT: Sleep Mood & Stress
SECONDARY SUPPORT: Muscle Bone & Joint
See page 28 for Fibra AMJ® Day-Time Formula

STRESS FORMULA
A calming herbal formula to help balance daily stress
• Combines chamomile and valerian root to support a calm nervous system and manage anxiety and tension
• Supports balanced autonomic, sensory, and motor functions
• Includes peppermint to soothe stomach discomfort that may be associated with stress
PRIMARy SUPPORT: Sleep Mood & Stress

TEA4LIFE®
Natural cleansing tea for intestinal maintenance and to support regularity
• Features herbal extracts to support colon health
• Provides an herbal alternative for healthy digestive cleansing
• Boasts a tasty apple-cinnamon flavor with no artificial colors, flavors, or sweeteners
PRIMARy SUPPORT: Cleansing & Detox
SECONDARY SUPPORT: Digestion
ANIMAL HEALTH 4LIFE®
WELLNESS SUPPORT FOR THE BEST FRIENDS IN YOUR LIFE

4LIFE TRANSFER FACTOR®
CAT SOFT CHEWS
A tasty treat for Cats of every size, with 4Life Transfer Factor® EXF™ and other key nutrients

- Complements your cat's daily nutritional diet for just about $1 a day
- Low in calories
- Re-sealable packaging to maintain freshness

4LIFE TRANSFER FACTOR®
DOG SOFT CHEWS
A tasty treat for dogs of every size, with 4Life Transfer Factor® EXF™ and other key nutrients

- Provides a reward for your dog's good behavior
- Low in calories
- Re-sealable packaging to maintain freshness
4LIFE TRANSFER FACTOR® ANIMAL STRESS PACK™
Super serving of 4Life Transfer Factor® and other nutrients for all animals in times of stress, performance, or travel
• Features high levels of Transfer Factor E-XF™
• Supports animal health through times of stress with additional electrolytes, probiotics, and other critical nutrients
• Developed by veterinarians and nutritional scientists

4LIFE TRANSFER FACTOR® CANINE COMPLETE®
Comprehensive daily nutritional support with 4Life Transfer Factor®
• Features Transfer Factor E-XF™
• Supports canine wellness with essential vitamins, minerals, antioxidants, amino acids, and protein
• Developed by veterinarians and nutritional scientists

4LIFE TRANSFER FACTOR® FELINE COMPLETE®
Comprehensive daily nutritional support with 4Life Transfer Factor®
• Features Transfer Factor E-XF™
• Supports feline wellness with essential vitamins, minerals, antioxidants, amino acids, and protein
• Developed by veterinarians and nutritional scientists

4LIFE TRANSFER FACTOR® PERFORMANCE & SHOW™
Comprehensive daily nutritional support for all horses with 4Life Transfer Factor®
• Features Transfer Factor E-XF™
• Provides nutritional support for healthy joints, strong bones, and a gleaming coat
• Contains balanced ratios of minerals, trace minerals, vitamins, probiotics, amino acids, and essential fatty acids
• Developed by veterinarians and nutritional scientists

4LIFE TRANSFER FACTOR® LIVESTOCK STRESS FORMULA™
Super serving of 4Life Transfer Factor® and other nutrients for livestock in times of stress or illness
• Features high levels of Transfer Factor E-XF™
• Supports livestock health through acute stress situations with added vitamins, minerals, electrolytes, probiotics, and other essential nutrients
• Developed by veterinarians and nutritional scientists
4Life Product Catalog  U.S. Version

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.